

Sam Horton, M.D.

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Summary

Sam Horton, MD is a board-certified neurologist with over 15 years of experience in general neurology, sleep medicine, and electrodiagnostic testing (EMG/EEG). He specializes in neuromuscular disorders, headache disorders, movement disorders, concussion management, and other complex neurological conditions. Recognized as an Optum Physician Partner in 2021, Dr. Horton has demonstrated excellence in patient care and leadership, including serving as a former Sleep Lab Medical Director.

With extensive medicolegal experience, Dr. Horton has performed over 300 compensation and pension evaluations, providing expert assessments for neurological injuries and disabilities. He is also a dedicated educator, mentoring medical students and advancing neurological care. Known for his precise, evidence-based evaluations, Dr. Horton is an experienced and reliable expert, making him an excellent choice to assess and testify in cases involving neurological impairments or complex medical conditions.

Education

- **Indiana University School of Medicine**
Doctor of Medicine (M.D.)
2000 – 2004
 - **Indiana University, Bloomington**
Bachelor of Arts (B.A.) in Biology, Liberal Arts and Management Program (L.A.M.P.), Minor in Spanish
1996 – 2000
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Postgraduate Training

- **Neurophysiology Fellowship (EMG)**
Indiana University School of Medicine, 2008 – 2009
 - **Neurology Residency**
Indiana University School of Medicine, 2005 – 2008
 - **Transitional Year Internship**
Kettering Medical Center, Kettering, Ohio, 2004 – 2005
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Professional Experience

American Health Network, Part of Optum

General Neurology and Sleep Medicine *Carmel, IN | July 2009 – Present*

- Provide comprehensive outpatient neurological care with expertise in EMG, EEG, neuromuscular disorders, sleep medicine, and other general neurological care.
- Named an **Optum Physician Partner (2021)** in recognition of significant contributions to Optum Care and the local practice.
- Serve on the **NextGen Governance Committee**, focused on developing and enhancing the electronic health record (EHR) system.
- Former **Sleep Lab Medical Director (2012–2017)** for Lafayette and Carmel AHN sleep labs.

Teaching and Mentorship

- Preceptor for **Marian University Medical Students**, guiding and teaching students during their neurology rotations.

Hospital Credentials

- Credentialed at **Franciscan Health (Indianapolis, IN)** and **Riverview Health (Noblesville, IN)** to regularly read sleep studies.

Additional Experience

- Performed over **300+ Compensation and Pension evaluations** for veterans during residency and fellowship at Roudebush Indianapolis VA (2005–2009).
- Moonlighted in **Community South ER (2005–2007)**, completing over 50 shifts.

- **Certified Medicolegal Evaluator, IAIME**
 - Have been active in medicolegal evaluations since 2017
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Clinical Interests

- **Electrodiagnostic Medicine:** EMG, EEG, and neuromuscular disorders.
 - **Sleep Medicine:** Sleep apnea, insomnia, and other sleep-related disorders.
 - **Movement Disorders:** Botulinum toxin therapy, Parkinson's disease, and dystonia.
 - Other general neurological disorders including epilepsy, dementia, multiple sclerosis, headache, dizziness, and concussion management.
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Professional Memberships

- **American Academy of Neurology (AAN)**
 - **Indiana State Medical Society**
 - **American Academy of Sleep Medicine (AASM)**
 - **American Academy of Neuromuscular and Electrodiagnostic Medicine (AANEM)**
 - **International Academy of Independent Medical Evaluators (IAIME)**
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Awards and Recognition

- **Optum Physician Partner (2021):** Recognized for contributions to Optum Care and advancing patient care within the practice.
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Skills and Expertise

- Advanced proficiency in **EMG and EEG interpretation.**
 - Skilled in neurological and sleep medicine diagnostics and therapeutics.
 - Experienced with **electronic health record (EHR) optimization.**
 - Strong teaching and mentorship experience for medical students.
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Contact Information

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