

**Rebecca E. Czarnik RN, MS, CNLCP®, CMSP-Fellow**  
**Sierra Nurse Consultant, LLC**  
**15025 Broili Drive**  
**Reno, NV**  
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**Becky@SierraNurse.com**

**PROFESSIONAL EXPERIENCE:**

2008-present Owner/CEO of Sierra Nurse Consultants, LLC, Reno, NV  
Retained by plaintiff and defense to prepare Life Care Plans, Life Care Plan Critiques, Future Medical Cost Projections, Medical Damage Reports, and Past Medical Bill Reviews.

2020 – present Clinical Outcome Specialist, Prominence Health Plan, Reno, NV.  
Review high-dollar claims for appropriate documentation to support billing claims and/or medical necessity and review complex underwriting claims to determine future costs.

2011-2018 Home Care Liaison, St Mary's Regional Medical Center, Reno, NV  
Perform case management and discharge planning for patients requiring home health care. Care services post hospitalization.

2004-2006 Primary Care Physician Office Nurse, Chris Mathis, MD, Reno NV

1996-2003 Owner/Manager of Home Health Care Consultants, San Diego, CA  
Reviewed pre-publication manuscripts for Health Care publications.  
Performed onsite mock audits and chart reviews for Home Care agencies

1995-1996 Project Coordinator, Innovations Home Care, Brighton, MI  
Prepared Agency for Joint Commission Accreditation  
Developed and Implemented Orientation program for Home Care Staff

1994-1995 Clinical Director, Individualized Home Care, Ann Arbor, MI  
Responsible for the clinical operation of a nonprofit private-duty nursing agency.  
Developed and implemented a clinical ladder for Home Health Aides

1990-1993 Director, Enriched Living Quality Home Care, Columbus, OH  
Responsible for total operation of a nonprofit home health agency

1989-1990 Administrator, Partners Home Health, Columbus, OH  
Responsible for the total operation of a for-profit home health agency

1987-1989 Program Manager, Emergency/Trauma Services, Mount Carmel Hospital, Columbus, OH  
Responsible for implementing strategic planning objectives through Emergency/Trauma Services

1986-1987 Trauma Nurse Coordinator, Mount Carmel Hospital, Columbus, OH  
Directed successful effort to achieve Level 1 Trauma Center designation by the American College of Surgeons.

1983-1985 Graduate Teaching Associate, The Ohio State University, Columbus, OH  
Responsible for clinical supervision for senior nursing students

1981-1983 Staff Nurse, ICU, St. Luke's-Roosevelt Hospital, New York, NY  
Assumed charge nurse responsibilities on the evening shift

1980-1981 Staff Nurse, ICU/CCU, Burnham City Hospital, Champaign, IL

1979-1980 Staff Nurse, Med/Surg/Telemetry, Mount Sinai Hospital, Minneapolis, MN

#### EDUCATION:

1979 BSN, Saint Olaf College, Northfield, MN

1985 MS, College of Nursing, The Ohio State University, Columbus, OH

#### ADDITIONAL SPECIALTY EDUCATION

2008 Legal Nurse Education, 40-hour course, NACLNC

2011: Medicare Secondary Payor, 16-hour course, LASIE

2012: Nurse Life Care Planning 120-hour course, Kelynco University

2016: Advanced ICD-10-CM, 10 hour course AAPC

2017: Professional Coding, 20-hour course, AAPC

2018: Professional Billing, 20-hour course, AAPC

2021: Introduction to Forensic Auditing/Coding, 4-hour course, AAPC

#### PROFESSIONAL LICENSE:

1996 RN California, current and unrestricted

2003 RN Nevada, current and unrestricted

#### CERTIFICATIONS:

2018 Certified Nurse Life Care Planner (CNLCP), current

2018 Certified Medicare Set Aside Professional (CMSP-Fellow), current

#### PROFESSIONAL MEMBERSHIPS:

American Association of Legal Nurse Consultants

American Association of Nurse Life Care Planners

Conference Chair 2018-2019

Executive Board Secretary 2015-2017

Education Chair 2016-present

Scope and Standards Committee 2024 – present

Mentorship Program: Mentor 2023- present

American Association of Professional Coders

American Association of Rehabilitation Nurses

Complex Rehabilitation Patients, special interest group  
American Nurses Association  
Case Management Society of America  
International Association of Rehabilitation Professionals  
Costing Framework Committee 2023 - present  
Consensus and Majority Statement workgroup 2024 - present  
Medicare Set-aside Professional Network  
National Association for Nurses in Business  
Nevada Senior Advocates  
Nevada Nursing Association  
Nevada Legislative Committee 2020 - present

#### PUBLICATIONS:

Czarnik, Becky “Home Care for the Patient Receiving Mechanical Ventilation”, Home Healthcare Now, 15(11): 777-779, November 1997

Czarnik, Becky “Medicare Coverage Issues”, Home Healthcare Now, 15(7):512-513, July 1997

Czarnik, Becky “Handbook of Subacute Health Care”, Home Healthcare Now, 14(8):648-649, August 1996

Czarnik, Becky “Elder Life Care Planning”, Journal of Nurse Life Care Planning, Summer 2014, vol. xiv, no. 3.

Joan Schofield (Author) RN, CRRN, CCM, CLCP, MSCC, CNLCP, Nancy Zangmeister (Author), MS, RN, CLNC, LNCP-C, CMSP, **Becky Czarnik** (Author), MSN, RN, MSCC, CLCP, CNLCP, Lori Dickson (Author), RN, BSN, CRRN, CNLCP, Jacquelyn Godlove-Morris (Author), MN, RN-BC, CCRN, CCM, CNLCP, LNCC, Wendie A. Howland (Author), MSN, RN, CNLCP, CCM, Shelly Kinney (Author), RN, CCM, LNCC, CNLCP, CLCP, MSCC, CBIS, CEAS II, Victoria Powell (Author), RN, LMT, CCM, CLCP, CNLCP, MSCC, LNCC, Patricia Rapson (Author), RN, CCM, CDMS, CNLCP, MSCC, Anne Sambucini (Author), “Nurse Life Care Planning Scope and Standards of Practice”, American Association of Nurse Life Care Planners. January 28, 2016

Czarnik, Becky, “How Loving Puzzles Helped Me Become a Nurse Life Care Planner” Nurses Chart a New Course: Navigating the Way to Life Care Planning. Victoria Powell, editor 2023

Czarnik, Becky, “Updated Diagnostic Criteria for mTBI”, Journal of Nurse Life Care Planning, Spring 2025, Volume xxv, issue 2.

#### PRESENTATIONS:

April 20, 2011, “Working with a Legal Nurse Consultant”, NALS of Washoe County, Reno, NV

August 23, 2011, “Anatomy and Physiology 101 for Attorneys” National Business Institute. Las Vegas, NV

September 7, 2011, “Life Care Plans and Seniors”, Washoe County Bar Association, Reno, NV

October 30, 2014 “Anatomy and Physiology 101 for Attorneys” National Business Institute. Reno, NV

August 14, 2014 “Connect the Dots: Understanding the Relationship between Case Manager and Nurse Life Care Planner”, AANLCP webinar

July 8, 2015 “Connect the Dots: Understanding the Relationship between Case Manager and Nurse Life Care Planner”, AANLCP webinar

May 13, 2015 “Connect the Dots: Understanding the Relationship between the Legal Nurse Consultant and Nurse Life Care Planner”, AANLCP webinar

February 9, 2017 “AANLCP Resource Review: PMIC, Find a Code, Crash Cart” AANLCP webinar

April 6, 2017 “LNC to NLCP” AALNC Annual Forum Portland, OR

May 7, 2017 “Lymphedema and your NLCP practice” Kelynco Executive Forum, Scottsdale, AZ

May 10, 2017 “AANLCP Resource Review: Exploring the AANLCP website” AANLCP webinar

April 13, 2018 “Adding value to your Personal Injury Cases”, AALNC Annual forum, Clearwater, FL

October 12, 2019 “Review of Costing Resources”, AANLCP webinar

May 21, 2021, panel presentation, Review of Costing Resources, AANLCP webinar

September 12, 2022, “Diversity your LNC practice with Medical Cost Projects”, Greater Orlando Chapter of AANLC

February 7, 2023 “Follow the Money a Nevada Usual and Customary Charge Explanation” presented to NV Trial Lawyer Association.

February 28, 2023, “ Life Care Planning and Damage Calculations,” a part of a panel discussion presented by Med Place

August 14, 2024, “Tips and Tricks for Your Costing Grids”, AANLCP Education webinar.

August 21-22, 2025, Coding and Costing Retreat, FIG Education, Instructor.

**AWARDS:**

2014 Nevada Nurse of Achievement Nominee

2016 Denise Nelson AANLCP Ambassador Award

2017 AANLCP Distinguished Volunteer Award

2024 Denise Nelson AANLCP Ambassador Award