

Joshua Adam Schwimmer, MD, FACP, FASN

Nephrology, Hypertension, & Internal Medicine

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EMPLOYMENT

Lenox Hill Hospital, Northwell Health Physician Partners — Nephrology at East 59th Street, New York, NY (2014 – Present)

Dr. Mark Gardenswartz and Dr. Joshua Schwimmer, Mark Gardenswartz MD PLLC, New York, NY (2004 – 2014)

Madison Medical Group, 110 East 59th Street, New York, NY (2003 – 2004)

CLINICAL, HOSPITAL & ACADEMIC APPOINTMENTS

Teaching Faculty, Division of Nephrology, Department of Medicine, Lenox Hill Hospital, New York, NY (2003 – Present)

Attending Nephrologist and Internist, Department of Medicine, Lenox Hill Hospital, New York, NY (2003 – Present)

Assistant Professor of Medicine, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell (2015 – Present)

Attending Nephrologist, RRI Upper East Side Dialysis Center, New York, NY (2019 – Present)

Attending Nephrologist, Upper East Side Dialysis Center, New York, NY (2003 – 2024)

Attending Nephrologist, AdvantageCare Physicians, New York, NY (2005 – 2017)

Clinical Assistant Professor of Medicine, New York University School of Medicine, New York, NY (2004 – 2015)

Lecturer, Department of Medicine, Mount Sinai School of Medicine, New York, NY (2011 – 2014)

Attending Physician, Department of Medicine, Mount Sinai Medical Center, New York, NY (2011 – 2014)

Clinical Instructor of Medicine, Columbia University College of Physicians & Surgeons, New York, NY (2003 – 2009)

EDUCATION

Columbia University Medical Center, New York-Presbyterian Hospital, New York, NY (2001 – 2003)
Nephrology Fellowship.

University of Rochester Medical Center, Strong Memorial Hospital, Rochester, NY (1998 – 2001)
Internal Medicine Residency.

University of Rochester School of Medicine and Dentistry, Rochester, NY (1994 – 1998)
M.D. (1998).

Wesleyan University, Middletown, CT (1990 – 1994)
B.A. (1994). Majors: Economics & Science in Society.

HONORS AND AWARDS

New York Magazine Top Doctor and Castle Connolly Top Doctor (2025)

Fellow of the American College of Physicians (2005 – Present)

Fellow of the American Society of Nephrology (2004 – Present)

Clinical Fellowship Award , Kidney and Urology Foundation of America	(2002)
Clinical Fellowship Award , National Kidney Foundation of New York and New Jersey	(2001)
“Medicine Fellow of the Year” House Staff Teaching Award , Columbia University College of Physicians & Surgeons	(2001)
Human Values in Health Care Award , University of Rochester Medical Center	(1996)
Phi Beta Kappa , Wesleyan University	(1994)
White Prize , Department of Economics, Wesleyan University	(1994)

LICENSURE AND BOARD CERTIFICATION

Board Certified in Nephrology (#204654)	(2003 – Present)
Board Certified in Internal Medicine (#204654)	(2001 – Present)
New York State Medical License (#218008)	(2000 – Present)

PRESENTATIONS AND TEACHING EXPERIENCE

Teaching Attending , Nephrology Consultation Service, Division of Nephrology, Lenox Hill Hospital	(2003 – Present)
Teaching Attending , Nephrology Dialysis Service, Division of Nephrology, Lenox Hill Hospital	(2003 – Present)
Lecturer , Nephrology Fellow Teaching Conferences, Division of Nephrology, Lenox Hill Hospital	(2003 – Present)
Co-Course Director , Law and Medicine Elective, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell	(2025)
Preceptor , Law and Medicine Elective, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell	(2018 - 2024)
Lecturer , “A Practical Guide to Genetic Testing in Nephrology: Indications, Workflows, and Case Presentations,” Sponsored Talk by Natera, Inc.	(2021)
Invited Lecturer , “A 37-Year-Old Man With a Rash and Hematuria after Therapy with NSAIDS,” Combined Nephrology and Rheumatology Grand Rounds, Division of Nephrology, Lenox Hill Hospital	(2019)
Lecturer , CRRT and Intensive Care Unit Nephrology Rounds, Division of Nephrology, Lenox Hill Hospital	(2003 – 2018)
Invited Lecturer , “The Excellent Expert Report,” SEAK’s 27th Annual National Expert Witness Conference	(2018)
Invited Lecturer , “Acute Renal Failure and Renal Replacement Therapies,” Department of Medicine, Lenox Hill Hospital	(2004 – 2013)
Teaching Attending , Internal Medicine Service, Department of Medicine, Lenox Hill Hospital	(2004 – 2013)
Lecturer , “Atypical Hemolytic Uremic Syndrome, Diagnosis and Therapy,” Sponsored Talk by Alexion Pharmaceuticals	(2012)
Attending Nephrologist , Nephrology Fellow’s Clinic, Department of Medicine, Lenox Hill Hospital	(2005 – 2012)
Invited Lecturer , “The Urinalysis,” Department of Medicine, Lenox Hill Hospital	(2010 – 2012)
Invited Lecturer , “The Basics of Acid-Base Disorders,” Department of Medicine, Lenox Hill Hospital	(2005 – 2012)
Panelist , “Healthcare 2.0: Technology & Healthcare Service of the Future,” 5th Annual Healthcare M&A and Corporate Development Conference	(2007)

General Medicine Conference, “Hypertension Due to Renal Artery Stenosis from Neurofibromatosis,” Department of Medicine, Lenox Hill Hospital (2006)

Lecturer, “BEACTIVE: A Comprehensive Approach to Chronic Kidney Disease,” Sponsored Talk by Ortho Biotech (2006)

Gastroenterology Grand Rounds, “Renal Failure Due to Sodium Phosphate Bowel Preparations,” Lenox Hill Hospital (2005)

Invited Lecturer, General Medicine Conference, “The Perils of Hyponatremia,” Department of Medicine, Lenox Hill Hospital (2005)

Invited Lecturer, General Medicine Conference, “Atheroembolic Renal Disease,” Department of Medicine, Lenox Hill Hospital (2005)

Invited Lecturer, “Renal Replacement Therapies for Chronic Kidney Disease,” Department of Medicine, Lenox Hill Hospital (2004)

Invited Lecturer, Morning Report, Department of Medicine, Lenox Hill Hospital (2004 – 2007)

Invited Lecturer, General Medicine Conference, “Recognition and Treatment of Diabetic Nephropathy,” Department of Medicine, Lenox Hill Hospital (2004)

Invited Lecturer, General Medicine Conference, “Phosphate Nephropathy,” Department of Medicine, Lenox Hill Hospital (2004)

Invited Lecturer, General Medicine Conference, “Hemolytic Uremic Syndrome and the Thrombotic Microangiopathies,” Department of Medicine, Lenox Hill Hospital (2003)

Invited Lecturer, “Continuous Renal Replacement Therapies in the ICU,” Divisions of Cardiothoracic Surgery, Nephrology, Cardiology, and Critical Care Medicine, Lenox Hill Hospital (2003 – 2005)

Invited Lecturer, “The Nephrotic Syndrome,” Department of Medicine, St. Vincent’s Medical Center, Bridgeport, CT (2003)

Clinicopathologic Conference Leader for Medical Students, Columbia University College of Physicians & Surgeons (2003)

Invited Lecturer, Morning Report, Dept. of Medicine, Columbia University College of Physicians & Surgeons (2002 – 2004)

Invited Lecturer, Chief of Service Rounds, Department of Medicine, Harlem Hospital Center (2002 – 2003)

Lecturer, Monthly Urinalysis Workshop for Medicine Residents, Columbia University College of Physicians & Surgeons (2002 – 2003)

COMMITTEE APPOINTMENTS AND ACADEMIC ACTIVITIES

Medicine and Law Committee, Zucker School of Medicine at Hofstra/Northwell (2018 – Present)

Medicine Service Line Information Technologies Committee, Northwell Health (2018 – 2020)

Physician Advisory Group, Northwell Health (2016 – 2020)

Medical Advisory Committee, Healthy Transitions Program for Kidney Disease, Northwell Health (2015 – 2017)

Nephrology Boards Question Reviewer, American Board of Internal Medicine (2005 – 2008)

Continuous Renal Replacement Therapy Subcommittee, Columbia University Medical Center (2002 – 2003)

Chief Editor, *Intern Survival Guide*, Department of Medicine, University of Rochester Medical Center (1999 – 2001)

Student Fellow in Experimental Therapeutics, Department of Neurology, Univ. of Rochester Medical Center (1995 – 1996)

Project Healthcare, Department of Emergency Medicine, Bellevue Hospital Center, New York, NY (1993)

CONSULTING AND INDUSTRY RELATIONSHIPS

Advisory Consultant, Pharmacy and Therapeutics Committee, OptumRx (2020 – Present)

Medical Advisory Board Member and Consultant, Doximity (2012 – Present)

Medical Expert Witness (2005 – Present)

Medical Advisory Board Member and Speaker, Natera, Inc. (2021)

Beta Tester, Butterfly Network (2019 – 2020)

Independent Consultant and Council Member, Gerson Lehrman Group (2005 – 2020)

Consultant and Mentor, Rock Health (2012 – 2015)

Director of Photography, “Midnight Madness” Charity Event (raised \$5 million for Good Shepherd Services) (2013, 2015)

Advisor, Rimedio (2013)

Beta Tester, MphRX (2013 – 2014)

Consultant and Speaker, Alexion Pharmaceuticals (2012 – 2014)

Consultant, Ridgetop Research (2012 – 2014)

Consultant and Speaker, Ortho Biotech (2006 – 2008)

Consultant and Blogger, Healthline (2007 – 2008)

Consultant, Amgen (2004)

PUBLICATIONS

Journal Articles

Adegate J, Goldberg SR, Bass, S, Schwimmer J, Kaden, TR. Novel Pathogenic Variants in IFT140 and IFT172 Genes in Three Patients with Similar Retinal Dystrophy Phenotypes. *Case Report in Ophthalmology* (2025).

Chadha J, Sahai T, Schwimmer J, Shani D. A 30-year-old carrier of Gaucher disease with multiple myeloma. *Case Reports in Oncological Medicine* (2019).

Altschul E, Grossman C, Dougherty R, Gaikwad R, Nguyen V, Schwimmer J, Merker E, Mandel S. Lithium toxicity: a review of pathophysiology, treatment, and prognosis. *Practical Neurology* (2016).

Mavani G, Kesar V, DeVita MV, Rosenstock JL, Michelis MF, Schwimmer JA. Neurofibromatosis type 1-associated hypertension secondary to coarctation of the thoracic aorta. *Clinical Kidney Journal* (2014).

Grover, V, Gaiki, MR, DeVita MV, Schwimmer JA. Cytomegalovirus-induced collapsing focal segmental glomerulosclerosis. *Clinical Kidney Journal* (2012).

Herlitz, LC, Markowitz GS, Farris, AB, Schwimmer JA, Stokes, MB, Kunus C, Colvin, RB, D'Agati, VD. Development of focal segmental glomerulosclerosis after anabolic steroid abuse. *Journal of the American Society of Nephrology* (2009).

Preddie DC, Markowitz GS, Radhakrishnan J, Nickolas TL, D'Agati VD, Schwimmer JA, Gardenswartz M, Rosen R, Appel GB. Mycophenolate mofetil for the treatment of interstitial nephritis. *Clinical Journal of the American Society of Nephrology* (2006) 1:718-722.

Dempster DW, Rosenstock JL, Schwimmer JA, Panagopoulos G, DeVita MV, Michelis MF. Underutilization of aspirin in hemodialysis patients for primary and secondary prevention of cardiovascular disease. *Clinical Nephrology* (2005) 5:371-377.

Spiegel PJ, Michelis MF, Panagopoulos G, DeVita MV, Schwimmer JA. Reducing hospital utilization by hemodialysis patients. *Dialysis & Transplantation* (2005) 34:128-137.

Schwimmer JA, Markowitz GS, Valeri AM, Imbriano LJ, Alvis R, D'Agati VD. Secondary focal segmental glomerulosclerosis in non-obese patients with increased muscle mass. *Clinical Nephrology* (2003) 4:233-241.

Markowitz GS, Schwimmer JA, Stokes MB, Nasr S, Seigle RL, Valeri AM, D'Agati VD. C1q nephropathy: A variant of focal segmental glomerulosclerosis. *Kidney International* (2003) 64:1232-40.

Schwimmer J, Nadasdy T, Spitalnik P, Kaplan K, Zand M. De novo thrombotic microangiopathy in renal transplant recipients: a comparison of hemolytic uremic syndrome with localized renal thrombotic microangiopathy. *American Journal of Kidney Diseases* (2003) 41:471-479.

Tsukaguchi H, Sudhakar A, Cam Le T, Nguyen T, Yao J, Schwimmer JA, Poch E, Abreu PF, Appel G, Pereira AB, Kalluri R, Pollak M. NPHS2 mutations in late onset focal segmental glomerulosclerosis: R229Q is a common disease-associated allele. *The Journal of Clinical Investigation* (2002) 110:1659-1666.

Schifitto G, McDermott MP, Evans T, Fitzgerald T, Schwimmer J, Demeter L, Kiebertz K. Autonomic performance and dehydroepiandrosterone sulfate levels in HIV-1-infected individuals: relationship to TH1 and TH2 cytokine profile. *Archives of Neurology* (2000) 57:1027-1032.

Schwimmer JA. The zebra sign: Lhermitte-Duclos disease. *Journal of the University of Rochester Medical Center* (1997) 9:9-10.

Schwimmer JA. The unknown etiology. *Journal of the University of Rochester Medical Center* (1997) 9:5-8.

Invited Reviews

Schwimmer JA, Markowitz G, Valeri A, Appel G. Collapsing glomerulopathy. *Seminars in Nephrology* (2003) 23:209-218.

Schwimmer JA, Zand M. Management of diabetes mellitus after solid organ transplantation. *Graft* (2001) 4:256-265.

Book Chapters

Schwimmer J, Joseph R, Appel G. Amyloid, fibrillary, and other glomerular deposition diseases. In: Brady HR, Wilcox CS, eds: *Therapy in Nephrology and Hypertension: A Companion to Brenner's the Kidney*, 2nd ed (2003) 253-260.

Selected Online Publications

Schwimmer J. Creator and Webmaster, *Nephrogram.com* (2015 – Present).

Brande V. Nephrologists using social media connect with far-flung colleagues, health care consumers. *Nephrology Times* (2010) January.

Schwimmer J. Editor, *Medgadget.com* (2007 – 2009).

Genes N. "The Efficient MD" offers practice tips and tools [interview]. *Medscape* (2007) August.

Letter from the Founders [featured physician]. *Google Annual Report* (2007).

Schwimmer J. Tech Medicine. *Healthline.com* (2007 – 2009).

Genes N. “KidneyNotes” filters medical news for readers’ entertainment [interview]. *Medscape* (2006) June.

Giustini D. Dr. Joshua Schwimmer from KidneyNotes.com [interview on searching the medical literature]. *UBC Academic Search - Google Scholar Blog* (2006) April.

Schwimmer J. Basic blogging: an introduction to medical blogs for the renal community. *iKidney.com* (2005) October.

Abstracts

Ginyani, L, Schwimmer JA, DeVita M, Rosenstock, J. A 21-year-old African American Man with Advanced Kidney Disease and Severe Hypokalemia. *American Journal of Kidney Diseases* (2022) 79:4. Abstract and Poster Presentation at the National Kidney Foundation 2022 Spring Clinical Meeting.

Khine S, Schwimmer JA. Renal-Limited “Lupus-Like” Glomerulonephritis Associated with High Titer Rheumatoid Factor. *American Journal of Kidney Diseases* (2019) 73:5. Abstract and Poster Presentation at the National Kidney Foundation 2019 Spring Clinical Meetings.

Selzer D, Eldridge JB, Patel S, Schwimmer JA, Rosenstock, JL. Spurious High Anion Gap Acidosis Associated with Monoclonal Gammopathy. *Journal of the American Society of Nephrology* (2016) 27:1011A. Abstract at the 2016 ASN Annual Meeting.

Win S, Mavani GP, Schwimmer JA. Acute Interstitial Nephritis Associated with Probiotic Use. *Journal of the American Society of Nephrology* (2015) 26:986A. Abstract at the 2015 ASN Annual Meeting.

Sultana T, Schwimmer JA. An Uncommon Presentation of a Rare Disease: Mesangial Proliferative Glomerulonephritis with Monoclonal IgG Deposits (“Nasr Disease”) in a Young Woman. Abstract and poster presentation at the 2014 ASN Annual Meeting.

Gaiki M, Schwimmer JA. Cytomegalovirus-induced collapsing focal segmental glomerulosclerosis. Abstract and poster presentation at the 2010 ACP Tristate Meeting.

Herlitz L, Markowitz GS, Farris AB, Schwimmer JA, Stokes MB, Kunis C, Colvin CB, D’Agati VD. Development of FSGS following anabolic steroid use in bodybuilders. *Journal of the American Society of Nephrology* (2009) 20:147A. Abstract and poster presentation at the 2010 ASN Annual Meeting.

Dimov V, Fares WH, Schwimmer J, Randhawa S, Kumar A, Aneja A, Koch JM, Christie R. The blog web site: a new educational tool for cardiology. *Journal of the American College of Cardiology* (2007), 49:275A. Abstract and poster presentation at the ACC 56th Annual Scientific Session.

Dimov V, Schwimmer J, Randhawa S. Assessment of a blog as a medium for nephrology education. *Journal of the American Society of Nephrology* (2006) 17:806A. Abstract and poster presentation at the 2006 ASN Annual Meeting.

Dimov V, Randhawa S, Kumar A, Schwimmer J, Badov M, Jaffer A. Blog web site as a new educational and promotional medium in perioperative medicine. *Cleveland Clinic Journal of Medicine* (2006) 73:S25.

Alcaez K, Metzger B, Schwimmer J. Nephrocalcinosis from sodium phosphate bowel preparation for colonoscopy. *American Journal of Kidney Diseases* (2005) 45:A17. Abstract and poster presentation at the 2005 NKF Clinical Meetings.

Preddie DC, Nickolas TL, Schwimmer J, Gardenswartz M, Radhakrishnan J, Appel GB, Markowitz G, D’Agati V, Stokes MB. Use of mycophenolate mofetil in steroid intolerant or refractory acute interstitial nephritis. *Journal of the American Society of Nephrology* (2004) 15:120A. Abstract and poster presentation at the 2004 ASN Annual Meeting.

Schwimmer JA, Radhakrishnan J, Appel GB. Treatment of collapsing glomerulopathy. *Journal of the American Society of Nephrology* (2003) 14:527A. Abstract and poster presentation at the 2003 ASN Annual Meeting.

McCarthy TE, Schwimmer JA, Sharma M, Savin VJ, Appel G. A high level of permeability activity is present in sera of patients with collapsing glomerulopathy. *Journal of the American Society of Nephrology* (2003) 14:283A. Abstract and poster presentation at the 2003 ASN Annual Meeting.

Valeri A, Markowitz GS, Schwimmer JA, Stokes B, Nasr S, Seigle RL, D'Agati VD. Clinico-pathologic features of C1q nephropathy: a variant of focal segmental glomerulosclerosis. *Journal of the American Society of Nephrology* (2003) 14:286A. Abstract and poster presentation at the 2003 ASN Annual Meeting.

McCarthy E, Schwimmer J, Sharma M, Savin V, Appel G. Permeability activity is present in sera from patients with collapsing glomerulopathy. *Nephrology Dialysis Transplantation* (2003) 18:67. Abstract and poster presentation at the 2003 World Congress of Nephrology.

Schwimmer J, Nguyen T, Radhakrishnan J, Pollak M, Appel G. Examination of NPHS2 in adults with focal segmental glomerulosclerosis. *Journal of the American Society of Nephrology* (2002) 13:131A. Abstract and poster presentation at the 2002 ASN Annual Meeting.

Schwimmer JA, Nadasdy T, Kaplan KL, Zand M. De novo thrombotic microangiopathy (TMA) in renal transplant recipients: a comparison of hemolytic uremic syndrome with TMA localized to the allograft. *Journal of the American Society of Nephrology* (2000) 11:725A. Abstract and poster presentation at the 2000 ASN Annual Meeting.

Schifitto G, Schwimmer JA, Zimmerman C, Hickey C, Kiebertz K. Autonomic dysfunction and distal sensory neuropathy in HIV infection: role of macrophage activation. *Clinical Autonomic Research* (1996) 6:283.