

VIRAL GORADIA, MD

Binghamton, New York · 315-403-4271 · drviral@icloud.com

APPOINTMENTS

United Health Services

Binghamton, New York

Associate Residency Training Director

Department of Psychiatry

Jul 2023–Present

Medical Director

Department of Addiction Medicine, UHS Hospital

Aug 2026–Present

Medical Director

Comprehensive Psychiatric Emergency Program, UHS Hospital

Jan 2018–Jun 2026

Associate Clerkship Director

Department of Psychiatry

Norton College of Medicine at Upstate Medical University, Binghamton Campus

Oct 2022–Jun 2025

Upstate Medical University

Syracuse, New York

Associate Professor

Department of Psychiatry

Jul 2018–Present

Associate Residency Training Director

Department of Psychiatry

Jul 2019–Jun 2021

Delaware County Behavioral Health

Walton, New York

Medical Director

Mar 2026–Present

Catholic Charities of Broome County

Binghamton, New York

Psychiatrist

Assertive Community Treatment (ACT) Team

Feb 2025–Jun 2026

Helio Health

Binghamton, New York

Psychiatrist

Inpatient Rehabilitation Center

Jul 2019–Jul 2026

Essex County Mental Health

Elizabethtown, New York

Medical Director

Mar 2020–Mar 2023

EDUCATION

Visiting Fellowship in Electroconvulsive Therapy

Columbia University, New York, New York

Apr 2018

Geriatric Psychiatry Fellowship

Columbia University, New York, New York

Jul 2017–Jan 2018

Forensic Psychiatry Fellowship

Upstate Medical University, Syracuse, New York

Jul 2016–Jun 2017

Addiction Psychiatry Fellowship

Icahn School of Medicine at Mount Sinai, New York, New York

Jul 2015–Jun 2016

Psychiatry Residency

Upstate Medical University, Syracuse, New York

Jul 2011–Jun 2015

Doctor of Medicine (M.D.)

Mahatma Gandhi Mission's Medical College, Navi Mumbai, India

Jul 2002–Aug 2008

BOARD CERTIFICATIONS

Forensic Psychiatry

American Board of Psychiatry & Neurology

Certification #2308

Oct 2017

Addiction Psychiatry

American Board of Psychiatry & Neurology

Certification #2423

Oct 2016

Psychiatry

American Board of Psychiatry & Neurology

Certification #69835

Sep 2015

LICENSURE

Medical Board of California

License #A132789

Oct 2014

State of New York

License #276813

Aug 2014

DEA REGISTRATION

California

DEA #FG1923160

Aug 2022

New York

DEA #FG4839481

Aug 2014

OTHER CERTIFICATIONS

Educational Commission for Foreign Medical Graduates

Certification #0-769-6776

Jun 2010

Advanced Certification in Motivational Enhancement Therapy

Mar 2015

FORENSIC EXPERIENCE

Fitness for Duty Evaluation

Anoplate Inc.

Retained by employer

James J. Argento (Dec'd) v. Genesee County Sheriff's Department, Genesee County and Genesee County Jail

Index No. 65802/2017

Retained by plaintiff

Jessica Merritt v. Erie County, Erie County Sheriff's Department and Sheriff Timothy B. Howard

Index No. I2013-002221

Retained by plaintiff

Eric R. Smith (Dec'd) v. Troy Police Department

WCB G2918481

Retained by plaintiff

Terwilliger v. Kingston Hospital

Index #EF2021-450

Retained by plaintiff

PUBLICATIONS

Rosenthal RN, Goradia V.

Advances in the delivery of buprenorphine for opioid dependence.

Drug Design, Development and Therapy. 2017;11:2493–2505.

Schwartz TL, Goradia V.

Managing insomnia: an overview of insomnia and pharmacologic treatment strategies in use and on the horizon.

Drugs in Context. 2013;212257.

doi: 10.7573/dic.212257. PubMed ID: 24432044.

Goradia V.

A Study of Knowledge, Attitude and Past Experience Regarding Child Abuse and Domestic Violence among Undergraduate Medical Students.

Indian Council of Medical Research Short-Term Studentship Research Project.

2004

ACADEMIC SERVICE

Peer Reviewer

CNS Spectrums

Jul 2023

Peer Reviewer

Cureus Journal of Medical Science

Jun 2023

Peer Reviewer

Cureus Journal of Medical Science

Jun 2022

Peer Reviewer

Cureus Journal of Medical Science

Apr 2022

Peer Reviewer

Cureus Journal of Medical Science

Mar 2022

Peer Reviewer

Cureus Journal of Medical Science

Jan 2022

Peer Reviewer

Cureus Journal of Medical Science

Sep 2021

Peer Reviewer

Cureus Journal of Medical Science

Mar 2021

Peer Reviewer

Cureus Journal of Medical Science

Feb 2021

Peer Reviewer

CNS Spectrums

Jul 2020

ADMINISTRATIVE DUTIES

Upstate Medical University

Syracuse, New York

Chair

Department of Psychiatry Clinical Competency Committee

Jun 2019–Jun 2023

Chair

Department of Psychiatry Mentorship Committee

Oct 2016–Jun 2017

Jun 2019–Jun 2023

Chief Resident in Addiction Psychiatry

Upstate Medical University, Syracuse, New York

Jul 2014–Jun 2015

American Academy of Addiction Psychiatry**Chair**

Controversial Issues Committee

Oct 2016–Apr 2019

NATIONAL PRESENTATIONS

Presentation

AAPI CME Series 2023–24

American Association of Physicians of Indian Origin & Texas Tech

“Understanding the Basics of Substance Dependence and Addiction: Who is at Risk?”

Oct 2023

Poster

Annual Meeting, American Psychiatric Association

Online

“A Case of Low-Dose Sertraline Causing Psychosis”

May 2021

Poster

Annual Meeting, American Association of Directors of Psychiatry Residency Training
Dallas, Texas

“Helping Underserved Communities: The Upstate Rural-Academic Partnership
Program (URAPP)”

Mar 2020

Poster

Annual Meeting, American Psychiatric Association

San Francisco, California

“Paliperidone Induced Neuroleptic Malignant Syndrome”

May 2019

Educational Workshop

Annual Meeting, American Association of Directors of Psychiatry Residency Training
New Orleans, Louisiana

“Risky Business: Teaching Psychiatry Residents Structured Approaches to Suicide Risk
Assessment”

Feb 2018

Poster

Annual Meeting, American Academy of Psychiatry and the Law
Denver, Colorado

“The Forensic Experience in Psychiatry Residency Training”

Oct 2017

Case Conference

Annual Meeting, American Academy of Addiction Psychiatry
Bonita Springs, Florida

“Multi-modal Treatment of Cocaine Use Disorder”

Dec 2016

REGIONAL PRESENTATIONS

Presentation

25th Annual Central New York Psychopharmacology Update
Syracuse, New York

“Agitation Management: A Review of Evidence-Based Approaches”

Oct 2020

Grand Rounds

UHS Hospital

Binghamton, New York

“Treatment of Bipolar Disorder in a Primary Care Setting”

Apr 2019

Grand Rounds

UHS Hospital

Binghamton, New York

“Treatment of Personality Disorders in a Primary Care Setting”

Feb 2019

Grand Rounds

UHS Hospital

Binghamton, New York

“Treatment of Dementia and Agitation in a Primary Care Setting”

Dec 2018

Grand Rounds

UHS Hospital

Binghamton, New York

“Treatment of Alcohol and Drug Use Disorders in a Primary Care Setting”

May 2018

Grand Rounds

UHS Hospital

Binghamton, New York

“Treatment of Depressive Disorders in a Primary Care Setting”

Apr 2018

Grand Rounds

UHS Hospital

Binghamton, New York

“Management of Major Neurocognitive Disorders in a Primary Care Setting”

Mar 2018

Case Conference

Ideal Senior Living Center

Binghamton, New York

“Why We Document: Being Smarter and Better at Documenting Behavioral Agitation”

Nov 2017

Grand Rounds

Upstate Medical University

Syracuse, New York

“The Forensic Experience in General Psychiatry Residency”

Jun 2017

Grand Rounds

Upstate Medical University

Syracuse, New York

“High-Dose Disulfiram Use in a Patient with Alcohol Use Disorder: How I Learned to Stop Worrying and Love Disulfiram”

May 2015

Psychoanalytic Study Group

Upstate Medical University

Syracuse, New York

“An Object Relations Approach in an Outpatient Residency Training Program”

Jan 2015

MEDIA APPEARANCES**Podcast Interview**

Upstate Health Link on Air, WRVO NPR

Syracuse, New York

“Age-old Fear of Clowns Could Stem from Several Causes”

Oct 2016

Radio Interview

WRVO NPR

Syracuse, New York

“Coulrophobia – The Fear of Clowns”

Oct 2016

Television Interview

BronxNet Television

“Open University – Addiction in the Community”

Mar 2016

i-Human Patients

Goradia V, Schwartz TL

A high-performance cloud-based multimedia case authoring and playback system.

Cases authored:

A Case of Suicidal Ideation

A Case of Para-Suicidal Behavior

Sep 2015

AWARDS & HONORS

Best Attending Award

Department of Psychiatry

Upstate Medical University, Syracuse, New York

Dec 2018

Excellence in Medical Student Teaching Award

Department of Undergraduate Medical Education

Upstate Medical University, Syracuse, New York

Jun 2015

Resident Recognition Award for Excellence in Family Care

Association of Family Psychiatrists

Apr 2015

J.R.D. Tata Scholarship for Academic Proficiency

Jan 2005

Short-Term Studentship Research Award

Indian Council of Medical Research

For the research project:

“A Study of Knowledge, Attitude and Past Experience Regarding Child Abuse and Domestic Violence among Undergraduate Medical Students.”

Dec 2004

Certificate of Distinction in Biochemistry

Mahatma Gandhi Mission's Medical College

Navi Mumbai, India

Jun 2003

PROFESSIONAL MEMBERSHIPS

American Academy of Psychodynamic Psychiatry and Psychoanalysis

American Academy of Psychiatry and the Law

American Academy of Addiction Psychiatry

International Neuropsychoanalysis Society

American Psychoanalytic Association